

GROUP SCHEDULE

BEFIT BOX

	ПН	ВТ	СР	ЧТ	ПТ	СБ
7:00	CROSSFIT ADVANCE	CROSSFIT	CROSSFIT ADVANCE	CROSSFIT	CROSSFIT ADVANCE	
8:00	CROSSFIT	BOOTCAMP FUNKY FITNESS	CROSSFIT	BOOTCAMP FUNKY FITNESS	CROSSFIT	BOOTCAMP FUNKY FITNESS
8:00	CLIMBING 7-12	CLIMBING 7-12	CLIMBING 7-12	CLIMBING 7-12	CLIMBING 7-12	CLIMBING 7-12
9:00	CROSSFIT	BOOTCAMP FUNKY FITNESS	CROSSFIT	BOOTCAMP FUNKY FITNESS	CROSSFIT	BOOTCAMP FUNKY FITNESS
10:00	CROSSFIT		CROSSFIT		CROSSFIT	
11:00	CROSSFIT ADVANCE		CROSSFIT ADVANCE		CROSSFIT ADVANCE	
11:00	BOXING 16+	KICKBOXING 16+	BOXING 16+	KICKBOXING 16+	BOXING 16+	KICKBOXING 16+
13:00		BOOTCAMP FUNKY FITNESS		BOOTCAMP FUNKY FITNESS		BOOTCAMP FUNKY FITNESS
14:00	BOOTCAMP FUNKY FITNESS		BOOTCAMP FUNKY FITNESS		BOOTCAMP FUNKY FITNESS	
15:00		САМООБОРОНА		САМООБОРОНА		САМООБОРОНА
16:00	CLIMBING 7-12		CLIMBING 7-12		CLIMBING 7-12	
16:30	KICKBOXING 6-11	BOXING 12-15	KICKBOXING 6-11	BOXING 12-15	KICKBOXING 6-11	BOXING 12-15
17:30	THAI BOX 12-15	JUDO 7-15	THAI BOX 12-15	JUDO 7-15	THAI BOX 12-15	JUDO 7-15
17:30	CLIMBING 7-12	CLIMBING 7-12	CLIMBING 7-12	CLIMBING 7-12	CLIMBING 7-12	CLIMBING 7-12
18:00	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT
18:30	CLIMBING 13+	CLIMBING 13+	CLIMBING 13+	CLIMBING 13+	CLIMBING 13+	CLIMBING 13+
19:00	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT
19:00	BOXING 16+	KICKBOXING 16+	BOXING 16+	KICKBOXING 16+	BOXING 16+	KICKBOXING 16+
19:30	CLIMBING 13+		CLIMBING 13+		CLIMBING 13+	
20:00	BOOTCAMP FUNKY FITNESS	BOOTCAMP FUNKY FITNESS	BOOTCAMP FUNKY FITNESS	BOOTCAMP FUNKY FITNESS	BOOTCAMP FUNKY FITNESS	BOOTCAMP FUNKY FITNESS
20:00	MMA	САМООБОРОНА	MMA	САМООБОРОНА	MMA	САМООБОРОНА
21:00	THAI BOX 16+	MMA	THAI BOX 16+	MMA	THAI BOX 16+	MMA
21:00	CLIMBING 13+		CLIMBING 13+		CLIMBING 13+	